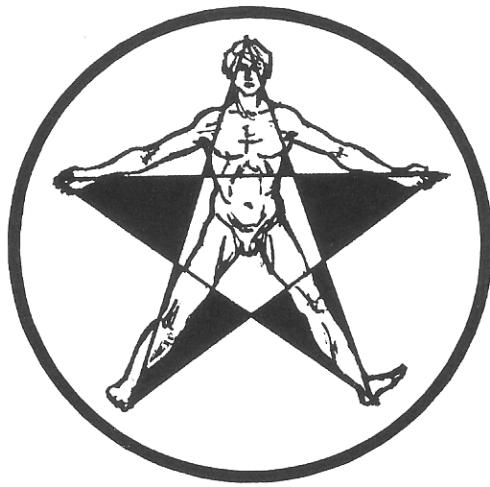


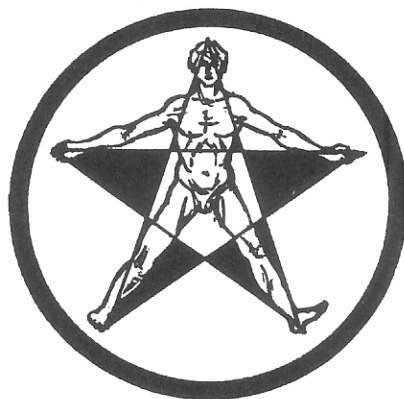
Part Three

THE TOP FLOOR
Personal Cultivation





*We are all enlightened,
we just need to remember how.*



The Divine Plan

Like the cycles of nature, we have come full circle. From spring's new growth, we have experienced the journey of energetic awareness. By walking the path of the divine plan, we can create a personal life circle of balance and growth. Our own lives are the progression of natural cycles within cycles formed by our own symbolic geometric and archetypal mandala.

We are part of the earth's sacred tradition.

You have seen the natural laws affect us through the how and why of Earth Design. By experimenting with the methods, you have intuitively selected that which personally works best for you to create harmony in your environment and to make a difference in your life.

Earth Design is merely one method to help you develop balance between the physical, emotional, and spiritual life experience. It is not a *quick fix* nor a complete formula for success.

You also should continue to develop your *Personal Chi*, *trust and follow your intuition*, and *actively pursue your dreams*.

The Greatest Dimension of Earth Design is the Evolution of your Divine Plan.

For your homes and offices to become sacred places of maximum potential, your spiritual process needs to create the momentum of Catch 69! Then, you can transform ordinary spaces into places of spirit that fully support you.

Spatial Memory

Because of your Earth Design actions, you will feel the positive effects at all times on different vibrational levels. Knowing that everything is energy, when you put your mind, body, and spiritual intention into something, it remains there. It is the same as sharing love with someone; even if the love is lost, the memory of that love is still within you.

Your energy has been put into your environment, and it loves you. The memory of the process will be maintained in the energy of your environment.¹ Even without conscious thought, the *memory* held in the space will continue to support you.

The Evolutionary Energetic

Astrologically speaking, we know that *now* is a time of spiritual awakening. We are entering the *Age of Aquarius*. Whether or not planetary energetics are of interest to you, we are entering a *New Age*. *This surge of higher consciousness is the evolution of the Divine Plan.* Through personal development, we subconsciously combine our energies, spinning together toward the *Neo-Renaissance* of global spiritual awakening. We become seeds in the cycle of our evolving planet. From

¹ Whenever you occupy a new *home*, even if it is a hotel room for the night, it is important to cleanse the space. This is done through the mental process of using your mind's eye to release the energetic memory of the previous occupants.

amebas, to crawlers, to four-leggeds, to two-leggeds, and to what next? It is our evolution. Have you seen the movie *Cocoon*? Are we becoming creatures of light?

While it is interesting to consider our future, we live in the present. Part of this evolution is for us to take time to celebrate the joy of living.

I was hiking in Bryce Canyon in the middle of winter. The sky was a clear, bright blue, but the snow was up to my knees. With the elevation changes and having to lift my legs up out of the snow just to take the next step, I was working hard! All my effort was on the work, and I forgot the wonder of where I was.

In my thoughts, I had discovered the ultimate step class, and I began to laugh. Hard! I laughed at myself, my joy, and the beauty around me. How could I get so caught up in the work that I forgot?

Happiness comes from the awareness of such joys of life as the kindness of a gesture, the fragrance of a flower, or the sensation of a breeze. **The personal part of evolution is to celebrate the joy of life.** Sometimes we are so task-driven that we forget. When this happens, we merely need to forgive ourselves and gently bring our awareness back.

We get so caught up in our lives that we are not as nice to each other as we could be. By forgiving and being kinder to ourselves, we develop greater sensitivity to others and become more congenial. By sharing our spirit, we become balanced in our personal cycle and take our place in the larger cycle of planetary evolution.

Symbolic lessons from Earth Design cures:

When light passes through a crystal prism, it splits into multiple facets, and a rainbow of color is produced. When spiritual light passes through us, we share our many colors with others. Light passes through a prism in both directions. When others share their

spiritual light with us, it mixes with ours, adding additional strength (and love) to our own.

When light is reflected off a mirror, the light bounces back. What happens when you teach something to others? You get greater confirmation of what you are teaching through their excitement of learning. When we are sharing ourselves, our light gets reflected right back.

These are the tools of energetic evolution. Spiritual energy is nature's glue and the energetic that creates the cycles. The energy that passes through us is the natural law of the Divine plan!

Tools of Energetic Development

As products of nature, we need to tune into the energies of the earth to perpetuate spiritual energetic experiences. There are tools that have proven useful to have better control over energy fields or personal Chi. For example, mind control techniques such as meditation have been shown to increase sensitivity.

We are attached to this physical world, and many of us find it difficult to stay focused in our heads long enough to get much value out of meditation. Perhaps our minds are not disciplined enough to put the *to-do* list aside for a few minutes.

Personally, I have difficulty meditating. However, I can easily keep my mind focused when I am grounded by a physical task. Use your body as part of the spiritual experience; it is of the earth. Many of the personal stories I have shared with you have come from my *spiritual experiences* while taking long hikes in the woods. You may want to try incorporating traditional *body work* such as Tai Chi, Yoga, or martial arts to enhance your mind, body, and spirit.

Learn to tend a garden. Spend time in the dirt. All the lessons are there. Entire life cycles can be experienced. Feel the relationship of the garden to the elements. Learn how nature's wheel is in perfect balance as you become a part of every rock, plant, and

weed in your garden. You will even get familiar with the animals and recognize them as old friends.

You can keep a journal. Meditations in your head are focused and grounded by the physical experience of writing the words down. Create your own mythology.

Surround yourself with like-minded people. Share your personal experiences, the books you have read, and what you have learned from inspirational workshops.

Create your own ceremonies for focusing energy. Spend some time staring at a flickering candle to focus yourself. Create *affirmations*² and say them upon waking and before going to sleep.

"My Earth Design project is wonderful; it will support me as part of my spiritual evolution. I am continuing to experience the lessons of the natural laws as I celebrate the joys of being alive."

When traveling, learn how to be a *pilgrim* and not just a tourist. What makes a place special is the energy. Do not take it and create a depletion. As a pilgrim, be grateful for the experience and thank the space, thereby leaving a bit of yourself there. Remember, part of the reason why places are sacred is because they hold the memory of all the people who have ever visited them.

Be flexible; allow yourself to get caught up in the experience. The Divine Plan requires that you sometimes need *to let go* to see where spirit and destiny will take you.

While traveling in Santa Fe, my husband and I met a very nice woman. When I told her about my work she said, "I do geoshamantic work too." (Interesting concept: Was I an earth-medicine woman?)

² An affirmation is a positive declaration.

She asked, "Did you check out the EarthShips in Taos? There is an architect building self-sufficient homes out of recycled materials."

Why was I coincidentally finding myself in this conversation? Weeks before, a client and I had talked about designing her home from the ground up, using all Earth Design concepts. Her desire is to build an eight-thousand square-foot home, including sacred geometry, Feng Shui, Astrology, non-toxic materials, as well as energy-conservation and energy-generating systems.

From Santa Fe, we were leaving for Boulder the following day, and Taos was right on the path. Another coincidence? Trusting in the special connection made with this new friend, Joel and I decided to stop.

Upon reaching Taos, we called the management office of Solar Survival Architecture, "Michael Reynolds will be out in the field all day; you are welcome to schedule an appointment for next week."

Knowing that was impossible, we decided to check out the EarthShips. The intent was set; we were going to meet Mr. Reynolds. We arrived at a site under construction, and it blew my mind!

These homes of structural integrity were made from discarded tires and soda cans overlaid with packed earth. Down the road, people were living in them.

Michael Reynolds has designed systems that harvest electricity from the sun and water from precipitation. Part of the design includes a greenhouse area to grow vegetables and to purify the air within the living space.

Of course, we met him. However, the best part of the day was experiencing the passion he had set in motion. He was teaching people how to build their own EarthShips. All the men and women who were working in harmony with the earth were full of love and the spirit of sharing their joy.

Catch 69!

**Reflected Light, Evolution in Taos.
Right there at Home!**

Had I not been aware enough to recognize an opportunity so magically presented, I would never have been exposed to what I needed so much to learn.

What a powerful day! I was so in love!

Michael gave to them, they gave to me, and now I can give to you.

**This is Energetic Evolution.
This is the Divine Plan.**

Greater Wealth, Health, and Happiness

I have so much respect for Michael because he is abundantly rich. While designing EarthShips and teaching others to build them is his business, I am not talking about financial riches.

Michael has not compromised his dream. He is living his destiny. He is an architect, doing what he loves, and sharing it with others.

**It is no coincidence!
What else is there? This man is alive!**

It doesn't matter what you do for a living, what matters is *To Live!*

**Abundance comes from being alive.
It is our birthright to be and to have all that we desire.**

It is a law of nature to blossom into a plentiful tree that shares its fruit.

The universe is magnificently abundant.

**When we follow our Divine Plan,
the Universe will be of service and reward us.**

How wonderful it is to appreciate the masterful design of the Divine Plan. We are fortunate to share what the ancients learned by observation, study, and application. How resourceful we are to recognize and make use of the riches that harmoniously exist for us.

I trust that my sharing will be a seed in our evolution. I set the intent that during our earth walk, we can grow beyond our teachers and continue to add new dimensions to our lives. We have the capacity.

Allow me to affirm, *"Let us be kinder to ourselves and others to create a better world as we nurture and have greater respect for our home: Planet Earth.*

And the evolutionary cycle continues...

Jami Lin

Jami Lin is an internationally renowned lecturer and consultant on Feng Shui. She has authored three Feng Shui books. The top 40 Feng Shui experts joined in her visionary project, *The Feng Shui Anthology: Contemporary Earth Design*, which has been called "a Feng Shui masterpiece" and "the standard by which all other Feng Shui books are measured."

Jami's first book, *Feng Shui Today: Earth Design the Added Dimension* forged new territory in the field of Feng Shui and was heralded as "a breakthrough and an absolute necessity to read."

A graduate of The University of Florida, School of Architecture, with over twenty years experience as a professional corporate and residential interior designer, Jami has pioneered the transformation of Feng Shui into an approachable tool for mainstream use. Her firm EarthDesign™ is the integration of interior design and self-development that brings Feng Shui home to the spirit.

In Jami's exciting how-to video, noted as "the industry's finest," *Feng Shui Today: Enrich Your Life By Design*, her expertise in Feng Shui, interior design, and spirituality are combined with the creativity of a multi-Emmy award-winning team. Jami Lin is also a certified aromatherapist with the National Coalition of Certified Aromatherapists and Aromatologist Practitioners and has created the *Feng Shui Essentials: Chakra/Bagua Oil Blends*®, which are an excellent complement to *The Essence of Feng Shui*.

Jami welcomes inquires on seminars and workshops, continuing education programs, consultations, and complete Feng Shui Interior Design.

Call, write, fax, or E-mail your address and/or E-mail to receive information on upcoming events/free newsletter.

Earth Design

PO Box 530725, Miami Shores, FL 33153

~~305-756-6426~~ • ~~305-751-9995 (fax)~~ ~~305-893-9985~~

E-mail: ~~earthdes@gate.net~~

gp@Jamilin.com

941-276-8689

Please visit our website: ~~www.gate.net/earthdes~~ ^{Jamilin.com}
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