

## **Using the Components of Feng Shui Cures Create New Cures for Greater Success**

**David Daniel Kennedy**

The culture and history of Chinese civilization has given rise to many different schools of Feng Shui thought and practice. Among these are several schools in the Taoist tradition; others have arisen from Buddhist teachings. In the West, some Feng Shui practitioners are now pioneering their own schools or ways of practicing Feng Shui. One rapidly spreading system of Feng Shui derives from the Black Sect of Tibetan Tantric Buddhism<sup>1</sup> as taught by Professor Lin Yun<sup>2</sup> of Berkeley, CA.

Generally referred to as BTB Feng Shui, the Black Sect method comprises a widely varied body of practical and spiritual knowledge. A continuously evolving system, it contains a multitude of shamanistic practices, wisdom teachings, folk ways, and traditional remedies. Tibetan, Eastern Indian, and Chinese spiritual methods along with many other pieces of religious and cultural lore have been added to the tradition over the years.

Since Professor Lin introduced his Feng Shui to the West in the 1980's, its popularity and influence has spread rapidly due to its effectiveness, accessibility, and emphasis on transcendental solutions to life problems. At the center of this rich and eclectic brew of healing wisdom is the concept of the cure. A cure is a specific change made to the environment<sup>3</sup>

---

<sup>1</sup> Black Hat Tantric Buddhism is an unorthodox Buddhist religious sect which is now in its fourth stage of evolution: incorporating current knowledge to explain ancient wisdom to bridge the gap between ancient traditions and modern ways of thinking.

<sup>2</sup> Professor Lin is the Grandmaster of Black Sect Feng Shui, leader of the sect in its fourth stage, and acknowledged world authority on Feng Shui.

<sup>3</sup> In BTB Feng Shui, cures can be made for the outer environment: home or office, the personal environment: the body/mind complex, or both.

## **66 Contemporary Earth Design: A Feng Shui Anthology**

using Feng Shui principles and techniques performed with a certain purpose or goal in mind.

Cures are Feng Shui in action. A cure is not a wind chime, plant or mirror, although these items are often used to create cures.<sup>4</sup> Rather, a cure is the process of creating desired change in your environment and life using Feng Shui principles and techniques. In the Black Sect tradition, many cures have been brought forth by Professor Lin, created by his students, and borrowed from other Feng Shui schools, all for the purpose of greater life transformation, success, and balance.

Feng Shui cures are made up of various components or variables. These components are the specific features of a cure and of the curing process in general. The components are factors which can be individually or collectively varied to ensure that a cure best meets your needs. You can also assemble components to invent an altogether new cure to resolve a life issue. Using the components enables you to approach the curing process from the level of principle, thereby gaining deeper understanding of energy movement and transformation.

BTB Feng Shui is a Tantric art,<sup>5</sup> though the Tantric aspects of Feng Shui have unfortunately been overlooked. Tantric means working purposefully and directly with subtle energy to create balance and dynamic life change. The Tantric masters of ancient times were masterful energy technicians, orchestrating subtle fields with consummate skill, along with transforming seen and unseen realities. The Tantric aspect of Feng Shui concerns aligning subtle energy systems in your environment to trigger desired results.

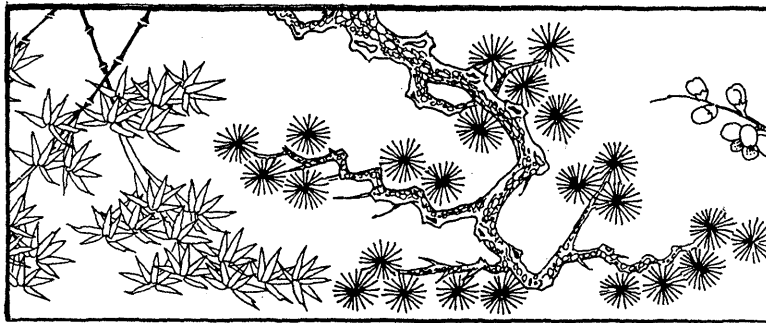
---

<sup>4</sup> In this article, the physical items used for cures are simply referred to as cure items or cure objects.

<sup>5</sup> Tantric refers herein to Tantra as a vast body of spiritual knowledge containing many principles and practices which have the capability of transforming all of life, eventually resulting in enlightenment and other advanced spiritual states. It does not specifically refer herein to Tantra as it is commonly known in the West as a sexual path to higher states of consciousness.

**The Tantric paradigm operates from these belief systems:**

1. All things are energy.
2. Energy can be manipulated endlessly for positive change.
3. The only limitation to positive change is your own choice.



By adopting a Tantric attitude and intuitively using the Feng Shui components, you are able to create a limitless variety of potent life cures. Broadening your capacity to effectively wield components of energy movement also frees you from the illusion that there are official cures which would heal if only someone would give you the secrets.

**A cure is whatever it takes to move the energy to change your life,  
nothing more or less.**

By cultivating greater awareness of subtle energy and its effects, you gain the ability to manifest your desires. With a Feng Shui cure, this manifestation can happen in a single moment because all relevant aspects of your environment's energy have been properly aligned and balanced to produce a specific result. The use of subtle energy to create results is greatly facilitated if you employ a wide variety of components to create and fine tune your cures.

## **The feng shui Cure Components**

Following are components of the cure process along with examples of their usage. They have been divided for easy reference into main categories:

**Item Components**

**Environmental Components**

**Performance Components**

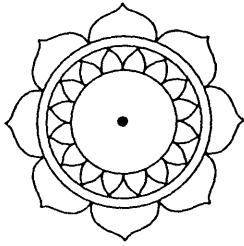
**Transcendental Components**

**Other Components**

The first element in each category is a basic element, one of prime importance in the curing process. This is not an exhaustive list of components. In addition, some components invariably overlap with others. Feel free to add to these components additional variables you discover along the way. Be aware that not all components will apply to all the cures you perform. A good way to start is by adding one additional element to a cure you already know to see its effect. Soon you will be able to mix and match these components and add your own to come up with unique solutions to your needs.

**Have fun with your cures!**





## Item Components

The components in this section relate to the physical item(s) with which you will perform your cure:

### Objects Used for a Cure:

This component refers to the item, object, or materials with which the cure will be performed; these could be crystals, pieces of furniture, or accessories.<sup>6</sup> They are tools to help you create a new pattern of Chi in your environment and life.

### Size of Item:

A larger cure item sometimes creates a more powerful effect. In other cases, a very small item may have a special psychological impact.

### Color:

The color selected for your cure has a major impact on the cure's effectiveness.<sup>7</sup>

---

<sup>6</sup> BTB cures do not always entail adding items to your environment. Removing or rearranging items in the environment are also methods of creating cures.

<sup>7</sup> For extensive information on BTB Feng Shui color, refer to: Living Color: Master Lin's Guide to Feng Shui and the Art of Color by Sarah Rossbach and Lin Yun (Kodansha:New York, 1994). For extensive information on "Chi and Color," "Feng Shui Astrology and Color," and "Conventional Interior Design and Color," refer to: Earth Design: The Added Dimension.

## **70 Contemporary Earth Design: A Feng Shui Anthology**

### **Shape of Item:**

Shape plays a key role in the energy of a cure. Powerful shapes include octagons, circles, spheres, triangles, pyramids, and many others. Shapes which are personally meaningful can also boost the energy of the cure.

### **Number of Items:**

Three crystals or nine bells, rather than only one, may be employed to create the needed energetic shift.

### **Numerology in Size or Length:**

The vibrational frequencies of certain numbers have greater healing power than others. In BTB Feng Shui, the number nine, representing completeness, has special auspiciousness. Additional powerful numbers include 1, 3, 27 and 99. These numbers, as well as any multiple of nine can be used for the size or length measurement of an item, in inches or centimeters. I often suggest clients use mirrors which are 9" octagons or which measure 18" x 27" or 27" x 36" to ensure that the power of this element is included in the cure. If a cure is hung from the ceiling, its ribbon or cord can also be adjusted to an increment of nine.

### **Quality:**

If the item you use for your cure is of very high quality, this can add special energy to the cure, both psychologically and in the material vibration of the object. If it was made with care and precision, it will reflect the heightened consciousness of the maker.

### **Newness:**

A newly purchased cure item can also lend powerful distinction to a situation. On a subtle level, being the first to use an item brings significance and freshness to the energy you are creating. If a brand new item is not possible, the newest or nicest one you find can suffice.

**David Daniel Kennedy 71**  
**Using the Components of Feng Shui Cures**

---

**Value/Expense:**

A highly valued and/or expensive cure item will focus additional importance and attention on the item and the resulting cure.

**Personal Significance/Symbolism of Item:**

Employing an item that has special personal meaning or sentimental value can boost a cure's energy. Examples include an heirloom with strong ancestor energy, a personal medicine bag, or other talismans.

**Personal Connection with Item:**

Sleeping with or wearing the cure item can add dramatically to the effectiveness of your cure. Connecting your personal Chi strongly to that of the item will assist in your healing. Placing the item in a personally significant container or location is also a powerful way to use this element.

**Personal Construction/Design:**

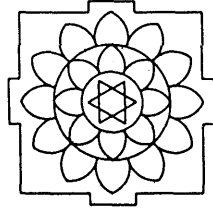
The object or process used in your cure may be personally created by you to further heighten its significance.

**Blessing by Special Place, Person, or Event:**

The cure item can be specially blessed in many different ways: by a qualified spiritual master, priest, or minister; by having a person who has attained the state you desire (wealth, marriage) touch the item; by meditating with the item, and by many other methods. The energy of natural phenomena is another powerful means of charging your cure item before placing it in your home or office.

## **72 Contemporary Earth Design: A Feng Shui Anthology**

---



### **Environmental Components**

Components in this section concern the environment in which the cure is performed or where the cure item is placed.

#### **Location of Cure:**

The main area or location where the cure is performed is a key factor in determining its success.

#### **Placement in Environment:**

How and exactly where the cures are situated is important: is it invisible or easily seen? Is it placed in the position which feels the most powerful? Is it near another object of importance, adding to its power?

#### **Placement in Bagua:**

This element is a key factor in successful cures. Based on the wisdom of the I Ching, the Bagua<sup>8</sup> (sacred octagon) portrays nine subdivisions: eight sides, plus the center of the space. Each side of the Bagua has a life correspondence which can be enhanced by performing your cure in the appropriate area. The nine life correspondences of the Bagua are: career, knowledge, family, wealth, fame, partnership, children, helpful people, and health.

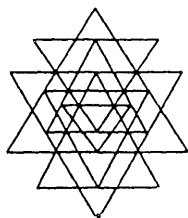
#### **Geometry:**

In addition to the geometry of placement, the geometry of the cure object's shape can be employed. For example, a crystal can be placed directly between a window and door, balancing both, and simultaneously be positioned over the center of the foot of the bed to assist in career and movement.

---

<sup>8</sup> Please refer to "The Bagua," p. 35.





## Performance Components

Performance components are those which concern the actual performance or action of doing the cure.

### Action Performed:

This is one of the prime components which creates a cure. The action for your cure can range from placing a cure item in its appropriate place, to rearranging your furniture, to moving to another country. Actions utilizing cure items include adding objects; removing, clearing, getting rid of items; rearranging existing items, or combinations of these. Other actions include: rituals,<sup>9</sup> visualization, and body movements.

### Special Date:

Performing your cure on a date of significance adds meaning on multiple levels. Special dates can include the new moon, your birthday, New Year's Day, an anniversary, or other special life event. Your special date could be an auspicious number of days before or after a certain date, such as 99 days after moving into a new house.

### Special Timing:

Utilizing special timing in the performance of your cure distinguishes it from everyday actions and further impresses it into your consciousness. In the BTB tradition, 11:00 to 1:00 (p.m. or a.m.) are the two most powerful times to perform cures. These are the time periods when yang and yin energies are at their peak and transforming into their complementary opposites, making them ideal times for personal and environmental transformation. Sunrise and sunset are also good times for performing cures.

---

<sup>9</sup> Please refer to "The Magic of Rituals and Feng Shui," p. 369.

## **74 Contemporary Earth Design: A Feng Shui Anthology**

### **Repetition:**

Repetition can be utilized in many different areas of the curing process. The entire cure can also be repeated one or more times for greater impact. An example of adjusting the repetition element: if a cure traditionally calls for nine repetitions of an action, you may boost the number to 18, 27 or a higher multiple of nine.

### **Duration/Number of Days:**

You may perform the cure or leave it in place<sup>10</sup> for a specific significant duration, such as one week, 9 days, 99 days, one full or half cycle of the moon, one year, until your son returns from college, or any other variation of your choice.

### **Special Sensory Input:**

Music, sounds, smells and special images can all be employed during the initial performance of a cure or during its entire lifetime to accentuate the cure.

### **Commitment/Special Attention:**

The level of commitment required to create or maintain the cure as well as the amount of special attention you place on its performance can serve to strongly distinguish the cure from the rest of your life and build its Chi.<sup>11</sup>

---

<sup>10</sup> In the Black Sect system, some cures involve personal rituals which are performed once or over time; other cures simply involve rearrangement of the environment; still other cures involve both of these methods.

<sup>11</sup> Life force energy; etheric energy. This is the energy which cures are designed to shift. Out flow of Chi is a key determiner of your life destiny. The more positive Chi generated by a cure the better.

**Ceremony/Ritual/Special Process:**<sup>12</sup>

Closely related to the above element, performing a ceremony or ritual during your cure helps create sacred space and calls in spiritual forces to assist your transformation. The ritual you use can be received from a Feng Shui consultant, obtained from a book of Feng Shui practices, or created by yourself for this particular cure.

**Verbal/Written Affirmation:**

Formulating and using an affirmation which represents the new reality you are choosing is yet another excellent way of sending a message to your environment, to yourself, and to the universe that things are new and different in your life.



**Transcendental Components**

Professor Lin teaches that the transcendental components mark the most powerful and effective of those used in BTB Feng Shui cures. For this reason, the Black Sect system emphasizes the importance of transcendental components in each cure you perform to maximize success.

**Transcendental cures work in the unseen realms from which the visible reality is manifested.**

Because they work at the level of Yi,<sup>13</sup> they transform the underlying Chi of a situation that results in transformation of mind, body, emotions, and life events.

---

<sup>12</sup> Please refer to "The Magic of Ritual and Feng Shui," p.369.

<sup>13</sup> More basic even than Chi, Yi is sometimes translated as *intention*. Yi refers to an impulse which on a spiritual level, is usually much deeper than conscious or surface intention. In Chinese philosophy, Chi follows Yi, and physical phenomena follow Chi.

## **76 Contemporary Earth Design: A Feng Shui Anthology**

### **Intention/Desire:**

Intention is the keynote of your cure. It is the reason you are choosing this change in your life. The clarity of your intention, the will to accomplish it, and the desire backing it are the prime factors in the success of a cure. Intention, will, and desire create the energetic space for the other components to play out their roles in shifting the energy.

### **Attitude/Faith/Belief:**

Your belief and faith in your cure and its effectiveness to make change happen is another fundamentally important aspect of its success. Consciously holding positive thoughts, feelings, and attitudes regarding your cure is very effective and sets many important psychic, emotional, and psychological forces in motion.

### **Connecting to Higher Power:**

Another vital element in the success of a cure is the invocation of spiritual forces to assist you in your transformation. This is done by consciously opening up to, asking for, and receiving the help you seek. It is helpful to visualize one or more spiritual beings or human beings coming to your aid and performing the needed action both in the physical and spiritual arenas.<sup>14</sup>

### **Body Movement:**

In BTB Feng Shui, body, speech, and mind movements are used in concert to reinforce all other components of the cure. This combination is called "The Three Secrets Reinforcement."<sup>15</sup> The

---

<sup>14</sup> Please refer to "The Bones of Your Home," p.399, for an example of such a ritual.

<sup>15</sup> Specific instructions on how to perform the three secrets reinforcement process for your cures is given personally from teacher to student or from practitioner to client. This practice can be performed regardless of religious affiliation or spiritual background; each person's individual religious or atheistic symbolism can be employed effectively for the reinforcement. *Please refer to Spirituality and Feng Shui,* p.357.

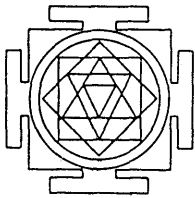
Three Secrets Reinforcement is a way to strongly infuse your desire and intention into the cure, imprinting the entire process with your personal desires and Chi. The body movement element involves the performance of spiritual hand gestures (mudras) or other body positions which focus the energy of the body in a spiritual manner.

**Speech Movement:**

This element involves spiritual speech, including prayers, chants, and mantras: vibrational sounds chanted to invoke spiritual frequencies and assistance.

**Mind Movement:**

The mind movement element incorporates mental visualization of your wish or desire as a means of projecting it into reality.



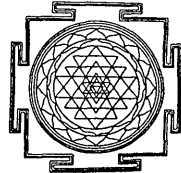
**Other Components:**

There are additional components that influence, affect, and empower cures. The components in this category include both known and unknown factors that constitute the most interesting and effective of all possible cure components. They afford us a rich field for further inquiry into the extraordinary field of Feng Shui.



## 78 Contemporary Earth Design: A Feng Shui Anthology

---



### Dream Transformation

In order to gain insights into a dream or to transform a negative dream, perform the following cure:

1. Record your dream on a piece of paper and review it so it is fresh in your mind. Choose before you begin whether you want to gain insights, transform a negative dream, or retrieve parts of yourself.
2. Sit in a meditative position with an 18" square piece of red cloth on your lap. Repeat a prayer or mantra of your choice nine times.
3. Close your eyes, relax deeply, and allow yourself to reenter the dream situation.
4. Replay your dream inside your awareness. As you do so, perform the following: If you are gaining insights, as you get each insight, gather it with your hands and place it in the red cloth on your lap. If you are transforming a dream, play the dream out in the way which is most healing, balancing or victorious for you. Gather with your hands the positive experience with which you end the dream and place it in the red cloth.
5. After the gathering is completed, create a bundle with the red cloth and tie a bow around the neck of the bundle with a 27" red ribbon.
6. Place this bundle on the floor under the head of your bed. Sleep over the bundle for 9 consecutive nights. Each night as you go to bed, imagine that the positive insights, experiences, or parts are being integrated into yourself completely. Believe and feel that this is happening. You may place a round mirror under the red bundle for stronger effect.
7. On the morning of the tenth day, take the red bundle to a remote place with strong natural energy.
8. Feel that you have now fully and completely integrated all the learning which you needed from this dream. Reciting a prayer or mantra, open the red cloth and shake it in the wind nine times releasing any remaining energies back to the universe. You may take the cloth home and put it in a sacred place or under your pillow if you wish.
9. Perform the three secrets reinforcement or say a prayer with a positive visualization for your current and future life growth.

Excerpted from  
*The Feng Shui Anthology*

Jami Lin's  
Feng-Shui-Interior Design

Visit [JamiLin.com](http://JamiLin.com)

Internationally renowned Feng Shui Master and  
best-selling author shares  
the most effective teachings from all traditions!

The most effective & powerful, do-it-yourself Feng Shui advise in the world.

1• 800 • EarthDesign

**Learn more about Feng Shui and Aromatherapy TODAY!**

**SPECIAL**



**Only \$43.00**

Call NOW: 1-800-EarthDesign  
or email: [site@JamiLin.com](mailto:site@JamiLin.com)

**Feng Shui & Aromatherapy**

- 7) Signature Chakra/Bagua Essential Oil Sprays
- The Essence of Feng Shui: Balancing your Body, Home & Life with Fragrance  
combines FS, Chakras & Aromatherapy

**\$53.00 Value: Limited Time Only!**

**[more on Feng Shui & Aromatherapy](#)**

**Because YOU are now on your Feng Shui journey,  
I made it really easy for you to personally benefit with my experience.**

- Schedule your private, [“by-the-Minute Consultation:”](#)  
the BEST way learn and be 100% sure You are on the right track!
- Learn from [Home Study Mastery Program](#)  
(With its [★★★★ “Hidden Treasure” review!](#))
- Receive Essential Feng Shui Advise Customized to You and  
Your Home with [Personal Success Map!](#)
- Join our monthly [LIVE Q&A chat](#), included FREE with  
[Mastery Membership](#) and take advantage of all the mastery offerings!
- Read Jami Lin’s [Internationally-Acclaimed books.](#)