

## **The Way of Beauty through Feng Shui**

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The earth is making a powerful energetic shift into the Age of Aquarius.<sup>1</sup> Feng Shui is an important tool in directing this increased energy and higher awareness. Its message: It is possible to create your own heaven on earth. The Chinese realized long ago that the beauty and perfection of heaven could be expressed in their everyday lives on earth.

Feng Shui is a process of discovering the beauty within yourself by creating a mirror of beauty in your surroundings. Understanding Feng Shui's relationship to beauty will unlock the potential for increased health, wealth, and prosperity. Start by taking a walk in nature to really experience it. Nature is beauty in its purest form. It is your healer, your teacher, and it should be incorporated into your home or office to make it a more beautiful, harmonious, and healthy place.

**When they are in concert, nature and beauty  
create a sense of physical and spiritual well-being.**

Using nature's palette, with its infinite variety of colors, textures, and forms, and exploring how a space can benefit from these natural gifts is the beginning of the symbiosis of Feng Shui and beauty.



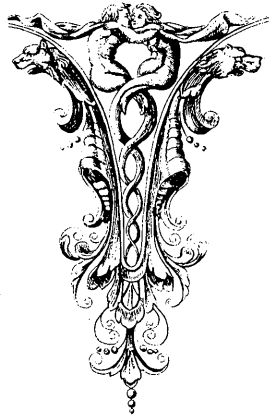
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<sup>1</sup> Please refer to "Feng Shui in the Age of Aquarius," p. 387.

## 270 Contemporary Earth Design: A Feng Shui Anthology

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Take in your surroundings and listen to your inner response. Appreciate the beauty that you have already incorporated into your space, and acknowledge areas that you can improve. Regardless of your budget, beauty can play an integral role in your interior design scheme. Artwork and furnishings do not have to be expensive to be attractive.<sup>5</sup> Best of all, nature provides her art for free.



Hang your artwork and arrange your furniture and accessories with care. It is worth the extra time to position your objects according to the Bagua's eight areas of life: health, wealth, career, marriage, fame, knowledge, children, and benefactors.<sup>6</sup> Use the Bagua to place the objects where their color, material, and symbolism can best be used to effectively energize your space.

To get the most out of Feng Shui beauty, try a few cures in various areas of the Bagua.<sup>7</sup> In the relationship corner, place a clear bowl (crystal is a great Chi generator) filled with fresh water and a fresh flower petal every night to *clear the air*. It will absorb negative energy and purify it. Your bed, the sanctuary of your relationships, should inspire harmony and tranquility. Try soft sheets with rose or periwinkle petals.



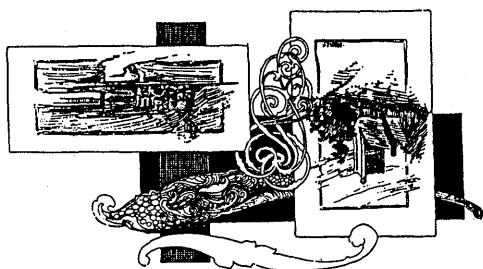
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<sup>5</sup> *Though you do not have to buy expensive articles, please **do** buy quality items that will last. It is certainly not good Earth Design to add cheap furniture that has quickly worn out to our landfills.*

<sup>6</sup> *Please refer to "The Bagua," p. 35.*

<sup>7</sup> *Please refer to "Using the Components of Feng Shui Cures," p. 65.*

Hang a plant above the sink to keep wealth from disappearing down the drain; plants also heal and cleanse.



In the wealth area of your space, put a beautifully mounted and framed collection of coins to keep Chi circulating. Beautiful picture frames add the element of auspiciousness to anything. Use gold frames when possible, as they resonate wealth. The master Flemish painters always placed their art in gilded frames!

Project a new image of yourself to the world. Frame a nice portrait of yourself. Make sure it is a recent one taken with your new *outlook* sparkling in your eyes, and hang it in the fame area. Use a deep golden frame. Do not limit yourself. If you feel self-conscious about hanging a self-portrait, make a collage of pictures. Experiment and have fun!

Everyone has the ability to go far beyond their current set of circumstances and abilities. Step away from your cocoon of routine. Create what you will; your home is your canvas! Make life-affirming changes in your environment, and watch the wonderful effects manifest themselves on the larger scale of your life.

Beauty can help ease the transition to the perceived uncertainty of the world. Change begins at home, with yourself. Starting the process can be as simple as wearing brightly colored clothing in vibrant reds, purples, and greens. Consciously acknowledge why you are making these changes. Invoke blessings and enlightened power with the six true words:

**Om Ma Ni Pad Me Hum.**

## 272 Contemporary Earth Design: A Feng Shui Anthology

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These words bring the body, speech, and mind into true spiritual alignment. Breathe deeply and store the intent and blessings in your soul, your source of power and beauty.

The path toward beauty begins by planting seeds. The coming years promise to be more powerful as the earth shifts into a new age. Plant your seeds along the path of beauty for a future full of radiance, splendor, and enlightenment.



### Making *Scents* of Feng Shui

Once upon a time, sleeping beauties laid their pretty heads on pillows perfumed with sweet smelling blooms and soporific dried hops. For a better night's sleep, use chamomile, lavender, neroli, marjoram, nutmeg, or valerian essential oils. They bring romance and peace into your busy life. Day pillows can have their fragrance<sup>8</sup> matched to the fragrance you like to use in individual rooms, such as lemon, geranium, or rose. Stuff a pillow creatively, utilizing a few drops of your favorite essential oil. This will accentuate beauty and promote better health. Master Lin Yun said, "The soul would pass away if there were no scents in the world."

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<sup>8</sup> Please refer to "A Scentual Reminder of Feng Shui Remedies," p. 329 and "Energy Fields, Feng Shui and Fragrance," p. 339.

Excerpted from  
***The Feng Shui Anthology***

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In *The Feng Shui Anthology*, when the **Bagua** is discussed, **only the Life-Aspiration Energies are mentioned** (except in Derek Walter's article.). **To work with the Bagua and to maximize your Feng Shui with the information of all the masters, you must include your 8) Best Directions and 9) Flying Star Energies.**

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