

Spirituality and Feng Shui

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Black Sect Tantric Buddhist (BTB) Feng Shui, as taught by Master Lin Yun, includes three features that are unique and different from all other traditional Feng Shui approaches: the incorporation of contemporary science and Western knowledge, the concept of visible and invisible elements, and the use of transcendental cures and blessings, which is the spiritual aspect of Feng Shui.

Since ancient times, humans have found ways to harmonize themselves with nature, the universe, and their living and working environments. Over time, their experiences, wisdom, and knowledge were systematically incorporated into a body of knowledge called Feng Shui.

Feng Shui is choosing and creating the most suitable living and working environment

Due to the vast distances in ancient China and the lack of communication between territories, many different schools of Feng Shui developed. They were based on similar universal knowledge but developed different approaches and techniques. Traditional schools of Feng Shui are based on such factors as a person's numerology and fate along with the cardinal points of the compass combined with the topography of the land and building layout. They place more emphasis on the visible elements, concepts you can see. Professor Lin developed and created his own school of Feng Shui, which uses similar conventional, *visible* approaches and also incorporates the *invisible* or transcendental/spiritual aspect.¹

¹ Though these teachings are labeled Black Sect Tantric Buddhist Feng Shui, you can practice it no matter what your religious belief or religion is. You can visualize your own deity, omnipresent source, God, Nature and/or Universal Energy.

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INVISIBLE ELEMENTS	VISIBLE ELEMENTS					
<ol style="list-style-type: none"> 1. Three Secrets Reinforcement 2. The Ever-Changing Eight Trigrams(Bagua) 3. Interior House Ch'i Adjustment 4. Exterior House Ch'i Adjustment 5. Blessing -- The Turning Dharma Wheel 6. Blessing -- Tracing the Nine Star Path 7. Blessing -- The Eight Door Wheel Arrangement 8. Blessing -- Site Purification <ul style="list-style-type: none"> - demolition - ground breaking - grand opening - wedding - others 9. Predecessor's Situation <ul style="list-style-type: none"> - injury/death v.s. longevity - moving to a smaller house v.s. moving to a larger house - lay off v.s. promotion - divorce v.s. get married - bankruptcy v.s. well-off - burglary v.s. safety - others 10. Others 	<ol style="list-style-type: none"> 1. Ch'i of the Land 2. Shape of the Lot 3. Shape of the House 4. Floor Plan 5. Others 	<table style="width: 100%; border: none;"> <tr> <td style="border-bottom: 1px solid black; padding: 5px;"><u>Interior Factors:</u></td> <td style="border-bottom: 1px solid black; padding: 5px;"><u>Exterior Factors:</u></td> </tr> <tr> <td style="padding: 5px;"> <ul style="list-style-type: none"> - position of the bed - position of the stove - exposed beams - stair case - pillar/column /post - door - position of the desk (studying, dinning, office) - color - brightness - others </td> <td style="padding: 5px;"> <ul style="list-style-type: none"> - road/street - bridge - tree - roof - pointed roof ridge - temple/church - water - telephone line post - transformer post - color - others </td> </tr> </table>	<u>Interior Factors:</u>	<u>Exterior Factors:</u>	<ul style="list-style-type: none"> - position of the bed - position of the stove - exposed beams - stair case - pillar/column /post - door - position of the desk (studying, dinning, office) - color - brightness - others 	<ul style="list-style-type: none"> - road/street - bridge - tree - roof - pointed roof ridge - temple/church - water - telephone line post - transformer post - color - others
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Professor Lin's BTB Feng Shui is a multi-discipline approach. His Feng Shui theories and practices incorporate contemporary sciences and such Western knowledge as medicine, physiology, psychology, ecology, architecture, interior design, and color theory with traditional knowledge, yin/yang theory,² and five elements³ knowledge. Spirituality is what makes BTB Feng Shui truly unique as well as accurate and powerful. This spirituality is the *invisible element*. The adjustments used are spiritual or transcendental solutions to *cure* problems.

² Please refer to "The Bagua," p. 35.

³ Please refer to "The Five Phases of Energy," p. 81.

Spiritual Elements of Feng Shui

The Spiritual Energy of the Land

When you check the Chi of the land, you look at various factors, such as the health and condition of the animals, plants, and people as well as the events and spiritual circumstances surrounding them. Dowsing can be used to determine whether a site has spiritual energy or not.

The Rosslyn Chapel in Edinburgh, Scotland, a renowned spiritual center, was built in the mid-fifteenth century. The legend surrounding it says that the Holy Grail may be hidden there. Niven Sinclair, the founder of the Friends of Rosslyn, invited Professor Lin and Michael Bentine, the most famous dowser⁴ in England, to analyze the spiritual energy of the chapel. The British Broadcasting Company interviewed both men about the energy flow under the chapel and in the surrounding grounds. When questioned about what makes Rosslyn Chapel so full of spiritual energy, the Chi of the land or its illustrious religious history, Professor Lin replied that it was due to the very strong spiritual energy or Chi of the land.⁵

Spiritual Omen of a Place

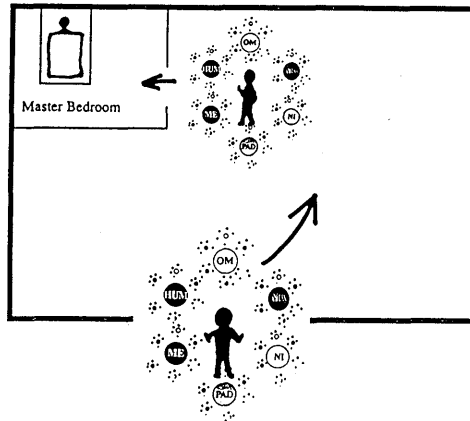
The spiritual aspect of Feng Shui is what you feel about a place. Everyone has had the experience of walking into a home or building and feeling very uncomfortable, although there may be no real reason for feeling that way.

⁴ Dowsing detects the energy in a plot of land, and was used extensively to check land suitability before building a spiritual center. Its use was banned in 1540 by the King of England as it was considered an occult practice.

⁵ Please refer to "Energy Systems and Feng Shui," p. 275.

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To use this Dharma Wheel, visualize it in front of you as you enter the main door of your house.

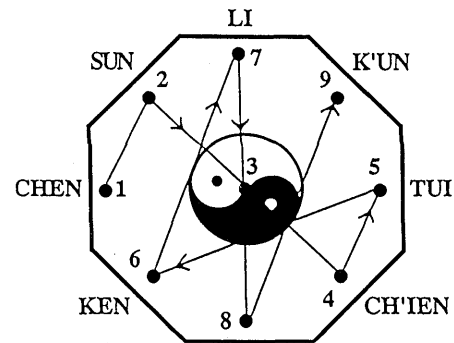


It can be used to expel bad luck, sickness, and any negative occurrences from every corner of a room, house, office, or site. It brings auspiciousness, good health, and prosperity.

Tracing the Nine Star Path⁸

This blessing uses the eight sides and center of the Bagua.⁹

It can be performed from one position and can be extended through your entire house or area, including the front and back yards by means of visualization. This takes practice and cultivation of your spiritual development.



⁸ *I wanted guidance on what I was supposed to do next along my life path. I walked the nine stars on the new moon in Aries, which I felt was the most auspicious time for new beginnings. As I physically walked through each specific Gua in my home, I thanked the individual energies for their past support, and asked how they were to serve me during the next cycle, I asked to be guided on how I should focus my energy and expressed appreciation for future support. By the following full moon, the message was clear: The vision of the Feng Shui Anthology had been created. Jami Lin*

⁹ Please refer to "The Bagua," p. 35.

Before beginning, visualize the constantly turning dharma wheel with the powerful mantra in front of you.

You can begin on a smaller scale by working with the living room. You can physically move into the first area of the Bagua, *chen* (family) or just bring your visual focus to there. Visualize your whole family living in harmony and enjoying a happy family life and good health.

Now focus on the *sun* (wealth) corner and visualize financial stability and growth for your business or professional path.

Continue with the center of the house or space which represents health and the wholeness of everything in your life. Visualize and bless your family's good health.

Next, focus your mind on the *chien* (benefactors/helpful people) corner and visualize helpful people showing up at the right time and place to help you. Since this position also indicates travel and male occupants, visualize safe journeys for you and your family and that any males living in your home will enjoy good health, along with successful careers.

The next area is *tui* (children) corner. Visualize your children growing in love and health and that they will do well in school.

Continue and focus on the *ken* position, which represents knowledge and the cultivation of the family. If someone is pursuing a higher degree, or if your children are still in school, visualize them doing very well.

Li is the next position; it represents your fame, so visualize accordingly.

For the eighth step, focus on the *kan* position, the foundation or basis of the family (and career).

The last is *kun* or marriage corner, where you can visualize and bless your relationships.

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Grab a handful of rice and sprinkle it outward. Visualize the rice feeding the roaming spirits so they will not disturb the site. Then, sow the rice to symbolize planting the seed of blessedness into the ground. While doing this, visualize an auspicious radiance coming from all directions from a myriad of Buddhas. This will assure that the event will be carried out smoothly, that your family or business will prosper, and that all family members or company employees will enjoy harmonious relationships. In conclusion, hurl three handfuls of rice up into the air, so as to elevate the positive energy of the family or business, bless them for peace, success, good health, and prosperity.

Enhance Spiritual Growth through Meditation

The blessings and transcendental cures you perform become more effective the more you cultivate yourself spiritually. One way to do this is to practice meditation. Meditation will train you, broaden your wisdom, and expand your vision. It balances your physical and mental health, your temperament, and elevates you spiritually. In Black Sect Tantric Buddhism, there are many meditation methods, including the following Heart Sutra meditation.

Heart Sutra Meditation

1. Calm yourself by reciting the mind or heart calming mantra: *Gate, Gate, Para Gate, Para Sum Gate, Bodhi Swaha*, nine times. Visualize calmness.
2. Visualize a *Hum* sound coming from afar. As it approaches, it becomes louder. The sound turns into a small white ball and enters your body through your *third eye* (that space between and just above your brows). See it travel down to your *dantien* (your energetic center located near your navel) and circle clockwise 9, 21, or 27 times.
3. Visualize this white ball rising to your throat, nose, third eye, crown chakra (top of your head), and down the back of your neck, your spine, up through your genital area and back to the dantien. Repeat this process twice more for a total of 3 times.

4. Make the small white ball turn red and see it rising again to your third eye. As it rises, the color changes from red to orange, yellow, green, blue, indigo and purple. When the ball turns purple at the third eye position, see it vibrate and change colors in the reverse order. Do this once.
5. When the ball turns back from purple to red at the third eye position, visualize your Chi being carried by the red ball out of your body and toward an image of your deity or Buddha. Let the Chi of your astral body pay respect to Buddha, and enter Buddha's body through Buddha's third eye, and move down to Buddha's dantien. Allow your Chi to expand and fill Buddha's body. Visualize your Chi moving and causing the Buddha to also move.
6. Visualize your Chi intermingled with Buddha's Chi, leaving the image and entering back into your energetic body, then into your physical body. Now, Buddha is you and you are Buddha. You are in union with Buddha as one entity. You have Buddha's perfect wisdom, great compassion, infinite power, color, and image.
7. Visualize a fire burning in your head, your body, right down to your toes. This fire burns away your whole body, leaving the Buddha's Chi.
8. Visualize a large eight-petaled lotus flower growing from your feet up, creating a new you, fresh and purified. Visualize another eight-petaled lotus flower blooming in your heart. On top of this lotus flower are two disks. One is a white disk or sun and the other is a red disk or moon. The sun disk turns constantly while the moon disc is stationary. Both disks radiate Buddha's light.
9. Visualize your Buddha's light radiating to the myriad of Buddhas in the universe and the Buddhas' lights shining back on you.
10. Visualize your light shining on all sentient beings in the six realms of cyclic existence, releasing them from all sufferings, so they can be happy and at peace. Visualize their light shining back on you.

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11. Visualize your light shining on your spiritual teachers, relatives, friends, home, and offices. See your light filling up their bodies and/or the places and expelling all obstacles, sickness, and negativity. See them being replaced with good health, happiness, and auspiciousness.

12. Make a wish and recite the *Gate* mantra nine times.

This appears to be a long meditation, but with practice it will no longer be difficult. This meditation not only builds your spirituality but also broadens your wisdom. It will transform your life, becoming easier, more smooth flowing, and happier.



Each home and building is unique, due to different energy flows, architectural design, floor plans, and many other factors. To practice Feng Shui from the Black Hat perspective, in addition to adequate Feng Shui training, exposure, and experience, you need spiritual cultivation. It allows you to make a thorough reading of your home, to help you properly identify all Feng Shui problems, diagnose spiritual omens, prescribe correct adjustments and cures, and maximize the benefits of Feng Shui with blessings. It does not matter if you believe that Feng Shui works or not. It has a great impact on your life and can bring you untold benefits.

**Excerpted from
*The Feng Shui Anthology***

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