



Feng Shui in the Age of Aquarius

Cynthia Murray

We are on the cusp of the Age of Aquarius; it has been prophesied about and referred to in songs and books. The Age of Aquarius is now upon us. The approach of this age is creating an energy shift of such power that all aspects of our lives will change dramatically. We are entering the uncertainty that precedes the new order.

A pivotal dynamic of this new age is the relationship between energy and matter; it is said that energy will become more important than matter. Success or satisfaction will be measured more by personal accomplishment than material gain. Material success will be more a by-product of living in accordance with our higher purpose than a barometer of our worth.¹ We will rely less on empirical science and more on intuition.

As an intuitive art that links energy and matter, Feng Shui is an important bridge for our transition to the Aquarian Age. Feng Shui uses form to create energy shifts and uses energy to create form.² It helps us better

¹ *"Walk the Talk Now!" The work that you love is in accordance with your higher purpose.*

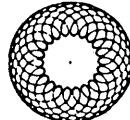
² *Energetic symmetrical form has always been an integral part of the relationship between the earth and the rest of the planets. Notice the energetic and planetary symmetries, courtesy of The Munich Planetarium, of the paths of the planets as viewed from planet earth.*



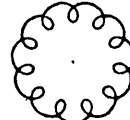
Mercury



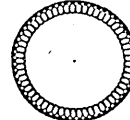
Venus



Mars



Jupiter



Saturn

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medical systems do not promote true health.³ Many marriages end in divorce and the traditional nuclear family has virtually disappeared. We are not even sure we can be parents anymore as we turn our kids over to day care and/or lobby for a twelve-month school year. Through this dysfunction, we are witnessing the breakdown of the current parent/child mentality by which we rely on societal or impersonal structures to take care of us.

Our scientific knowledge and technological progress have surpassed our spiritual maturity and personal development. Designed to improve the quality of life, technology has polluted our planet and contributed to the illness of living beings on the Earth.⁴ Machines and appliances, designed to make our lives easier, have contributed to our feeling scattered, pressed for time, and out of touch with nature. Many of us come home at the end of the day only to interact with our choice appliance: television, stereo, computer, video game, telephone, or exercise equipment.⁵

The popularity of Feng Shui is due to our feeling disconnected from the ability to create balanced, harmonious living and working environments that truly support well-being.

Thoughts Create

Thoughts are energy that influence the material world. The idea of being consistent in thought, word, and deed is an age-old concept reflected in many different philosophies; it will help us thrive in the new dynamic.

The connection between energy and matter can be used to create through our intention, whatever we desire: personal growth, improved relationships, a new home, or success in a lawsuit. Energy is impersonal and does not support achievement of spiritual goals over material gain.

³ Please refer to "Using Feng Shui to Create Health," p 285, "Five Elements for Better Health," p. 303, and "The Energetic Basis of Good Health," p. 293.

⁴ Please let us be better Earth Designers.

⁵ Please refer to "Energy Fields, Feng Shui, and Fragrances," p. 339.

All is available.

Energy can also be used as a mystical tool, as a way to increase consciousness of a transcendent reality and to acknowledge the invisible. All is knowable through our connection with The Source. When we make this connection and live accordingly, material needs are met automatically, sometimes before we even know they exist.

In the past, those who wanted to pursue mystical learning would retire to a monastery or other spiritual environment. Today, the strong energy of the shift into the Aquarian Age has made this path widely available to all. A mystical path can be pursued by anyone, from a stay-at-home suburbanite to an urban business person during the course of ordinary daily life.

**There is great potential in using Feng Shui
as a guide to the new reality.**

Feng Shui has enormous potential to help people connect to their higher purpose. Becoming conscious about the link between the internal and external environments helps us become more conscious of our overall lives, our choices, our purpose, and our use of power.

The use of the energetic principles of Feng Shui to create material, worldly, or ego-based success can result in *spiritual materialism*.⁶ This aim is not wrong; it is merely a low level goal. It is fun to use energy and form to create on the material plane. Caution must be taken when we create what we think we want, as there is the potential to pay less attention to our deeper needs. When we create from our deeper soul level needs, the universe automatically provides what we need on the material level.

⁶ *In Feng Shui methodology, all is possible through the creation of being in service for the highest global as well as personal good. The universe is abundant and unlimited.*

The Aquarian Dynamic and Higher Energies

One aspect of the Aquarian Age dynamic is our transformation into multi-sensory beings capable of communicating and working with other energies. There is an entire “devic” realm that includes universal devas,⁷ such as the deva of Feng Shui, and specific, local devas, such as the deva of a certain house. Anything that has form: a house, a marriage, a car, a job, whether visible or not, has a deva. The deva of Feng Shui is the same around the globe, while the deva of each house is distinct.

Devas are higher energies that actively want to work with us. We can connect with any deva, or with the Universe itself, at any time, simply by stating the intention and requesting a connection. It is important to ask for help that is in the highest good and to be receptive to and give thanks for the answer. Answers may arrive in the form of events, synchronicities, obstacles, opportunities, or *knowing* something, as this example shows:

I was typing a fresh biography to accompany an article. I was still connected to certain devas and ended the paragraph with, “Cynthia currently works and teaches in Colorado,” except my fingers added on, “and in New Mexico.” I had never worked in New Mexico, so I checked this piece of information with kinesiology,⁸ and it was confirmed. Still, on that day it was not true, so I deleted the extra phrase and sent out the piece later that day. The very next morning, the phone rang, I was booked to lead a seminar in Santa Fe, New Mexico, and have worked there regularly ever since.

Trusting the answers can be the most difficult part of the process. It is important to act on whatever information is received in order to develop the capacity to receive. The more time and attention given to the process, the better the channels of communication and the quality of information are.

⁷ Deva is a Sanskrit term used in Buddhism to refer to a heavenly being or a “shining” light being invisible to humans.

⁸ Kinesiology or muscle testing makes information from higher and invisible energies available to everyone.

Aquarian Age Feng Shui in Practice

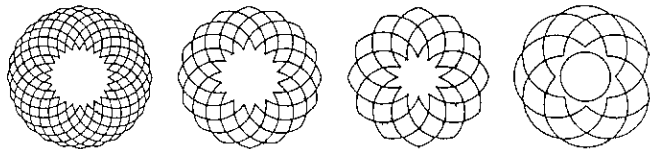
The Aquarian Age principle that commonly arises during Feng Shui consultations is the idea of shifting from the parent/child mentality to the adult mentality. In our current culture, we train people to treat outside authority as superior to that from within; we constantly seek validation from others. People must break with this destructive habit and trust their own inner voice as the only viable authority, as this example illustrates:



Barbara and her husband had moved their regulation-sized pool table into the main living room; they enjoyed the game as a way to unwind and spend time together.

She wanted to furnish and decorate the room, but she wanted a Feng Shui recommendation about having the pool table there. She was primarily concerned that people would think the arrangement was strange or irresponsible, especially her mother.

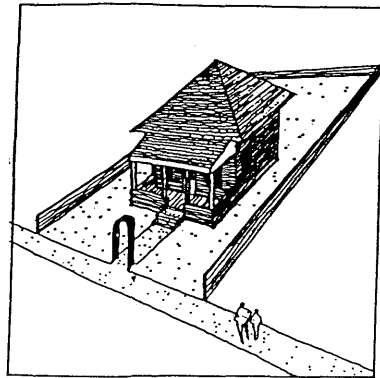
A traditional Feng Shui response might also have cautioned her against spending too much time playing pool or valuing recreation over other pursuits. But the energetic opportunity was for Barbara to create a house according to her own values, not those of a judgmental parent or anyone else. The pool table was symbolic of Barbara's validation of her own life as she saw it rather than through the lens of someone else.



Feng Shui can also teach us to shift into a higher consciousness and gain a greater understanding that the power of our choices and intent will transform our lives.

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Sharon was experiencing indecision about how to market her new business. She had a free standing, arched trellis at the sidewalk end of a narrow path leading to her house.



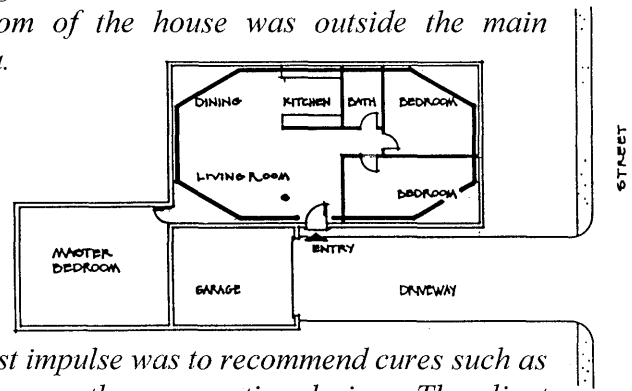
The trellis clearly marked her property, which could be good for business recognition and identity, especially since the trellis was in the career area⁹ of the lot.

On the other hand, since it was narrow, people tended to go around rather than through it, and new opportunities could be compromised. Sharon commented that since she had installed it a year ago, she still could not decide whether she liked it and constantly questioned it. This ambiguity was reflected in her approach to business. Within one month after removing the trellis, her vague plans turned into clear direction and she began attracting new clients.

When working on a space, it is important to keep preconceived notions in check so as to not block the higher intuitive, energetic process, which is the true source of Feng Shui answers. For example:

⁹ This refers to how the Bagua was overlaid on the site plan, see "The Bagua," p. 35 for more information.

During a consultation, I observed that the master bedroom of the house was outside the main Bagua.



My first impulse was to recommend cures such as mirrors or other connective devices. The client said that she and her husband loved the room, slept well there, and had a fulfilling relationship. The house did have a certain balance to it, and the master bedroom was in a power position on the property. Recommending a change here would attempt to solve a problem that did not exist, possibly communicating to the client that there might be hidden problems brewing, and doing so could create insecurity.

Feng Shui Cures as Energy Movers

The Red Envelope, Please

The use of red envelopes¹⁰ as a vehicle of payment for service is an illustrative example of working with energy and matter in either Piscean or Aquarian Age ways. The practice is intended to increase the energetic commitment of the recipient of Feng Shui information to a level that matches the energetic and psychic commitment of the practitioner. The envelopes *work* whether the client consciously understands the process or not; the act alone demonstrates an energetic commitment. This commitment is often extended or increased by using a greater number of envelopes and enclosing larger amounts of currency.

¹⁰ Please refer to the "The Red Envelope," in the Glossary p. 427.

Mirrors

One common Feng Shui cure is to use mirrors to deflect intrusive energy. When the energy is impersonal, such as oncoming traffic or nearby oppressive structures, mirrors can be an appropriate and effective cure. When the energy involves people, there is potential for karmic complications through emotional involvement and attachment to outcome.

Jane was upset with a neighbor who harassed her, and she used a mirror to repel his energy and presence. She knew that it was important to see his energy as neutral, not as negative but merely as inappropriate for her space. She thought she could use the mirror from a place of neutrality. Her triumph at his subsequent eviction was a clue that this was not the case. Within one year, her building was sold, and Jane was looking for a new apartment.

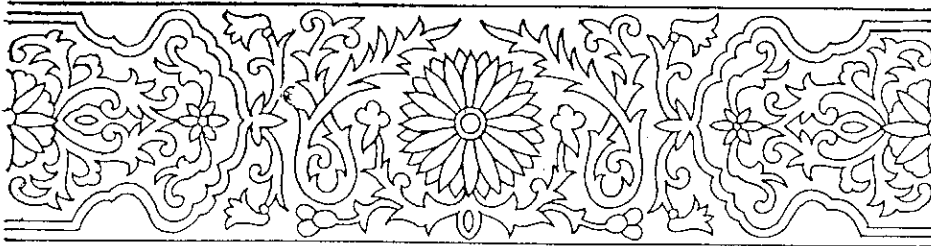
A recommendation to avoid karmic attachment is to send light to the offender when using mirrors as a cure to repel energy. The operative phrase of that cure is *send light*. In the Aquarian dynamic, if this principle is used, a mirror is not even needed. Another powerful way to transform personal energy is to breathe in and wish the other *peace, love, joy, and harmony* before exhaling.

Mantra

The ongoing repetition of a phrase, the name of a divinity, or any other mantra is a practice called “japa.” Japa can be used silently or aloud at any time to transform the energy of external situations and internal moods. It is meditation in motion and possibly the single most powerful spiritual practice because of its convenience and availability for use.

Flower Power

The easiest way to clear negative energy and raise sensitivity to what is necessary and appropriate in a situation is the use of flower essences. They stabilize and clear the electrical and central nervous systems. There are also methods for using flower essences and various minerals for property cleansing and soil balancing. There is nothing mysterious or secret about the process. It simply requires the ability to focus long enough to do the work.¹¹



Guidelines for Thriving in the Shift

Following is a blueprint for moving into the new Aquarian age:

1. Eat consciously. Whole grains, organic produce, and clean water create the biological quality that supports energetic work.
2. Bless the food before eating. That connection to The Source energizes the food and improves your ability to be nourished by it.

¹¹ Please refer to "A Scentual Reminder of Feng Shui Remedies," p. 329, "Energy Fields, Feng Shui, and Fragrances," p. 339, and "Feng Shui and Children," p. 349.

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3. Meditate or pray for at least twenty minutes per day. Develop concentration, learn to clear the mind, and make way for divine inspiration.
4. Practice japa, the fastest way to transform the energy of any situation, including your own moods.
5. Exercise daily. It is Feng Shui for the body.
6. Use flower essences to reconnect and stabilize the electrical and central nervous systems.
7. Spend time in nature. Breathe real air; get to know planet Earth.
8. Act on intuition; learning to trust it insures a steady supply.
9. Stop blaming. It undermines the ability to create a personal reality.
10. Learn to release negativity and attachment to the past. Remember, focusing energy creates.
11. Assume that everything happens exactly as it needs to.
12. **Express joy and gratitude for everything and everyone in life.**

Everybody has an innate ability to create balance and harmony. The Piscean Age has created an abundance of specialists and experts in every field, from law to medicine. They jealously guard their positions and knowledge behind the pretense of authority and superiority. The rest of the people support this dynamic by giving their power away to these practitioners, turning to them to solve all their problems or filing lawsuits when things do not go their way. Consulting practitioners should be just that, a consultation. **The shift into the Aquarian Age means taking responsibility for your own well being. The power and responsibility for change and evolution lie with only one person, you.**

Excerpted from
The Feng Shui Anthology

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